

# Road Cycling Tool Checklist

## Essential on Almost Every Ride

- Tire levers
- Spare tube or patch kit
- Mini pump or CO<sub>2</sub> inflator
- Compact multi-tool
- Compatible quick link

## Strong Backup Items

- Second spare tube
- Extra CO<sub>2</sub> cartridge
- Zip ties
- Small amount of tape
- Backup front light
- Backup rear light

## Optional Depending on Bike Setup or Ride Type

- Tubeless plugs

Spare derailleur hanger

Basic first aid kit

Power bank

## **Situational Extras**

Nitrile gloves

Small chain lube

Packable shell or lightweight rain layer

Emergency contact card

## **Before You Ride**

Check tire pressure

Check that key bolts are secure

Check brakes and shifting

Listen for unusual noises

Make sure repair tools are packed and easy to reach

## **Adjust Your Kit to the Ride**

### **Short Local Ride**

Tire levers

Spare tube or patch kit

Inflation method

Compact multi-tool

### **Longer Solo Ride**

All core essentials

- Second tube
- Extra inflation backup
- Quick link
- Backup lights
- Zip ties or tape
- Basic first aid items

### **Mountain Biking or Remote Riding**

- All core essentials
- Tubeless plugs
- Spare derailleur hanger
- Extra backup items
- Weather protection

### **Touring or Bikepacking**

- All core essentials
- Extra tube
- Extra inflation backup
- Tubeless repair gear if needed
- Spare bolts
- First aid kit
- Power bank
- Packable shell

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